



THE GRILLE

Daily grab and Go...

**Cheese/Hamburger
Chicken Fingers &
Seasoned Waffle Frie**

- Monday**
Pepper Steak Burger
- Tuesday**
Lettuce/Tomato
- Wednesday**
Taco Burger
- Thursday**
Italian Burger
- Friday**
Club Burger

1	2	3
	Nachos Belle Grande With Beef, lettuce, salsa Cheddar cheese Fresh fruit Choice Of Milk	Chicken Parm Hero with Tossed salad Fresh Fruit Choice of Milk
6	7	8
Roasted Turkey With Gravy, Rice and Mixed Vegetable Fresh fruit Choice of Milk	Chicken Parm With Pasta Mixed vegetables Diced Peaches Choice Of Milk	Grilled Cheese Sandwich Chicken Rice soup Steamed Vegetables Fresh Fruit
13	4	15
Chicken Fajita with White Rice Steamed Broccoli Cinnamon Applesauce Choice of Milk	Macaroni & Cheese Green Beans Fresh fruit Choice Of milk	Nachos & Cheese Lettuce, Salsa Fresh Fruit Choice Of Milk
20	21	22
27	28	29
Grilled Cheese Sandwich Chicken Vegetable Soup Steamed Vegetables Fresh Fruit Choice of Milk	Salisbury Steak with Gravy, Corn & Rice Applesauce Choice Of Milk	Pizza Stick w/ tomato sauce Side Salad Fresh Fruit Choice of Milk

THE PIZZERIA

Daily Grab & Go...

**Cheese Pizza / Veggie
Pizza**

**Meatball Pizza
Pepperoni Pizza
Chicken Parm Pizza
White Pizza**

**Cheese Calzones
Spinach and Cheese
Calzones
Stromboli**

**Try Our New Pasta
Bowls!
Baked Ziti in a Crisp
Garlic Bread bowl, baked
to perfection.
Penne In A Pink sauce in
a warm Parmisan bread
bowl topped with melted
Mozzarella cheese!
Includes milk, vegetable
and fresh fruit. \$1.80**

MIDWINTER RECESS-SCHOOLS CLOSED ENJOY!

INTERNATIONAL ISLAND

**Smoothie Café is now open!
Featuring Orange julious,
strawberry & banana
smoothies, just to name a
few
\$2.25**

INTERNATIONAL ISLAND

**Featuring
Foods from
The Orient
Greece
Mexico
Menus posted weekly at station
Check it out!**

DELI BAR & PANINI GRILL MADE 2 ORDER Featuring Boar's Head Cold Cuts

- Ham & Cheese Panini
- Falcon Panini
- Turkey, Roasted Red
Peppers & provolone
- Roast Beef, &
Mozzarella Chz
- Italian Panini with Tomato
Turkey & cheese Panini

TRY THE NEW SALAD BAR!

*Fresh fruits and veggies galore. Vegetable blends, Fresh Pasta Salads, Grilled Chicken, Crispy Chicken, Tuna Salad, variety of cheeses and much, much more. Start with the greens, add your protein, top with Croutons and your favorite dressing! All for the cost of a lunch, \$1.80, includes lowfat milk and fruit Enjoy!
+ Daily Desert or Snack*

Could be cookies, pretzels, gelatin whips, fruit crisps, brownies, Hershey Ice cream treat, 100%Fruit Juice Slushie