




December

2016

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Did you know that if you are on the free or reduced meal program for lunch, you are entitled to the same meal benefit at breakfast? So start your day with a healthy, delicious breakfast in your cafeteria!</p>			<p>1 Hot Egg & Cheese Bagel Fruit Cup Apple Juice Low fat milk</p>	<p>2 Scrambled egg Potato Hash browns Orange Juice Sliced Pears Low fat milk</p>
<p>5 Hot Egg & Cheese Bagel Fruit Cup Apple Juice Low fat milk</p>	<p>6 French Toast Sticks String Cheese Fruit Cup Orange juice Low fat Milk</p>	<p>7 Scrambled egg Potato Hash browns Orange Juice Sliced Pears Low fat milk</p>	<p>8 French Toast Sticks String Cheese Fruit Cup Orange juice Low fat Milk</p>	<p>9 Egg & Cheese Sandwich on a WG Roll Apple Juice Mixed Fruit Low fat milk</p>
<p>12 Mini Pancakes String cheese Cinnamon Applesauce Fruit juice Low fat milk</p>	<p>13 French Toast Sticks Maple Syrup Sausage Diced Pears Orange juice Low fat Milk</p>	<p>14 Hot Egg & Cheese Bagel Fruit Cup Apple Juice Low fat milk</p>	<p>15 Scrambled egg Potato Hash browns Orange Juice Sliced Pears Low fat milk</p>	<p>16 Mini Pancakes String cheese Orange juice Fruit Cup Low fat milk</p>
<p>19 Egg Omelet Hash browns Orange Juice Sliced Pears Low fat milk</p>	<p>20 Cheese Toast Bagel Fruit Cup Apple Juice Low fat Milk</p>	<p>21 Mini Cinnamon Buns String Cheese Fresh Fruit Juice Low fat milk</p>	<p>22 Scrambled egg Potato Hash browns Orange Juice Sliced Pears Low fat milk</p>	<p>23 Mini Pancakes with String Cheese Apple juice Fruit Cup Low fat milk</p>
<p>26</p>	<p>27 28 29</p> <p>WINTER HOLIDAY RECESS SCHOOLS CLOSED</p>		<p>29</p>	

Special News...

Breakfast for students \$1.00

Available Daily:
Hot Egg, Cheese and sausage
SDW
Assorted WG Breakfast
Cereals
WG Bagels
Low fat Yogurts
All breakfast meals must include a fruit and or a 100% fruit juice

Questions?
Please Contact
Barbara Stabile,
Food Service Director
with Aramark
274-4144

Menus are subject to change without notice.